

# 112年 高中生物人才 培育計畫

高雄醫學大學 醫學系解剖學科 林含貞 hanchen@kmu.edu.tw

112.4.15

# 高雄醫學大學 醫學院醫學系解剖學科林含貞助理教授



#### □學歷

- 2004-2008 台灣大學 生命科學系 學士
- 2008-2010 台灣大學 解剖學暨細胞生物學研究所 碩士
- 2010-2015 台灣大學 解剖學暨細胞生物學研究所 博士
- 2015-2016 高雄醫學大學附設中和紀念醫院 胸腔內科
- 博士後研究員

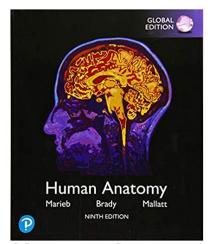
#### □經歷

- · 2015-2016 高雄醫學大學附設中和紀念醫院 胸腔內科博士後研究員
- 2016-迄今 高雄醫學大學醫學系解剖學科 助理教授

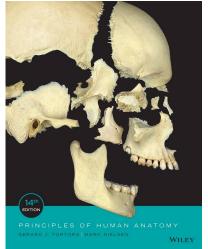
#### □研究興趣與專長

- 缺血再灌流的保護效應與機制
- 粒線體相關的細胞凋亡機制
- · microRNA 在細胞凋亡中所扮演的角色
- 乳癌的奈米粒子標靶治療

# References (參考資料)



Human Anatomy Marieb, Brady, Mallatt (9<sup>th</sup>)



Principles of Human Anatomy
G. J. Tortora, M. T. Nielsen
Jonh Wiley & Sons, Inc

高雄醫學大學解剖學科 解剖學影片 http://anatomy.kmu.edu.tw/app/

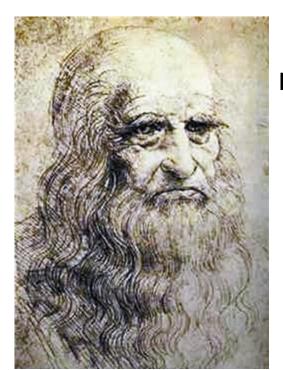


#### **An Overview of Anatomy**

- □Anatomy ("Ana" →向上; "tome" →切割)
  - The study of the **structure** of the human body
  - 1600-1700 B.C.→ the mummy
  - Galen (129-216) → dissection on cadavers and animals

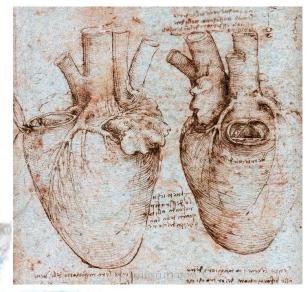


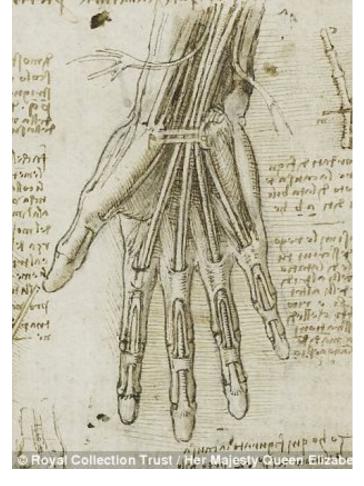
A pig was dissected by Galen



## **An Overview of Anatomy**

- **□ Leonardo da Vinci** (1452-1519)
  - 文藝復興時期
  - 解剖屍體
  - 胎兒在子宮的樣子
  - 提出動脈硬化





# ANDREAE VESALII.

#### 《人體的構造》

( De humani corporis fabrica )

obytis oct 1539 at 58

## **An Overview of Anatomy**

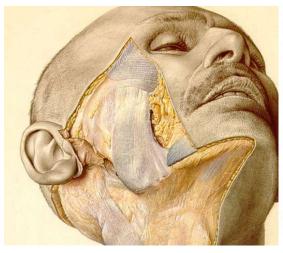
#### □ 維薩里 (Andreas Vesalius)

- 1514-1564
- •解剖學之父
- •解剖"人"
- 蓋倫的信徒,但提出很多跟蓋倫不同的觀點





一部60多年前出版的人體解剖圖集,今天仍是許多外科醫生不可或缺的工具書,書中每一幀解剖圖的細節和色彩在當今世界仍無出其右者。



皮膚、肌肉、軟組織、神經、器官、骨骼...... 繪圖之細緻、精準,醫學界公認最優。

但這套書已經絕版,不再印刷,網上仍可買到 二手書,價格不菲,一套好幾卷,價格高達數 千英鎊。更詭異的是擁有這套圖集的人或機構 一般不會把它擺在顯眼的地方,而是藏在隱秘 的地方,似乎並不以擁有這套頂級人體解剖圖 集為傲。

這就是奧地利解剖學家愛德華·彭科夫(Eduard Pernkopf)主持繪製、出版的人體解剖學圖集(Pernkopf Topographic Anatomy of Man),簡稱彭科夫圖集。



因為這套人體解剖圖集的圖、文依據源自數 百名被納粹處死的囚犯。

黑暗、血腥的身世使得醫生和科學家們在用 這本圖集時心裏會產生某種牽涉道義和良心 的糾結。

美國聖路易市華盛頓大學的蘇珊·麥金農博士 對這種矛盾心理很熟悉。她在手術過程中遇 到拿不定的時候就會讓助手拿來這本圖集, 按圖索驥,通常都能順利完成手術。

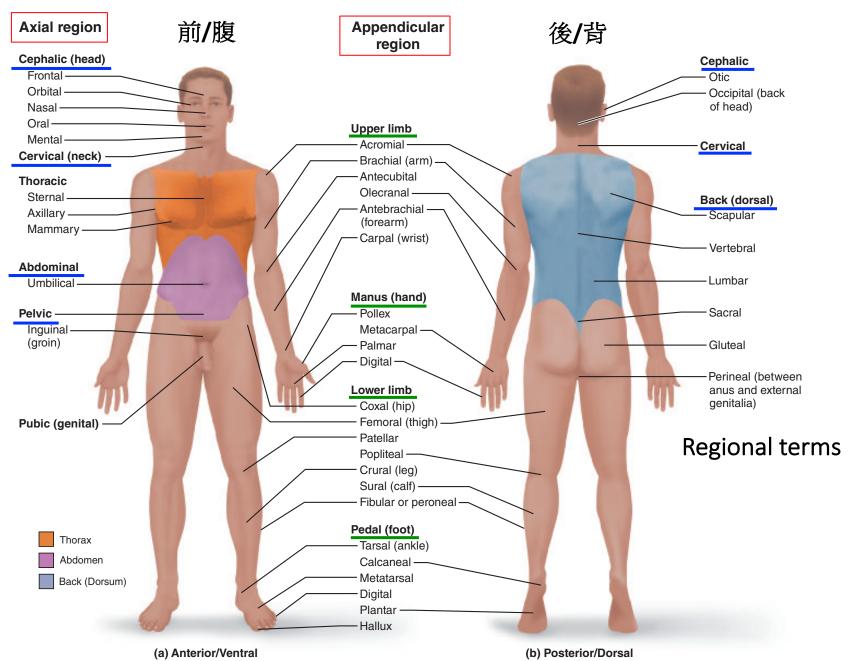
## 學習解剖學前,要先有這些基本概念:

■ 解剖姿勢(Anatomical Position)

身體是在一個直立的姿勢,雙臂下垂放在身體的兩側且<u>手掌面向前</u>,而 且顏面及腳趾都是朝向前方。

- □解剖學方位(Anatomical Directions): 用於描述身體構造的所在相關位置
  - 1.上方(Superior)/頭端及下方(Inferior)/尾端
  - 2.前方(Anterior)/腹面(Ventral) 及後方(Posterior)/背面(Dorsal)
    - -如 <mark>鼻子在人體的腹面,臀部在背面。</mark>
  - 3. 內側(Medial) 及外側(Lateral)
    - 內側是指 "靠近身體的中線"。外側是靠近身體的兩側 (遠離中線)。 例如 如手掌的小指頭位於手掌的內側,而大拇指位於手掌的外側。
  - 4.近端 (Proximal) 及遠端(Distal)
    - 近端是指靠近身體軀幹的方向,遠端是遠離軀幹。 例如手掌和手肘都長. 在手臂上,手掌是位於手臂的遠端,手肘是位於手臂的近端。
  - 5.淺層(Superficial) 及深層(Deep)
    - 淺層是指靠近表面,如手臂的皮膚位於體表。手臂的骨骼位於深層。

## Anatomical position (解剖姿勢)



#### Table 1.1 Orientation and Directional Terms

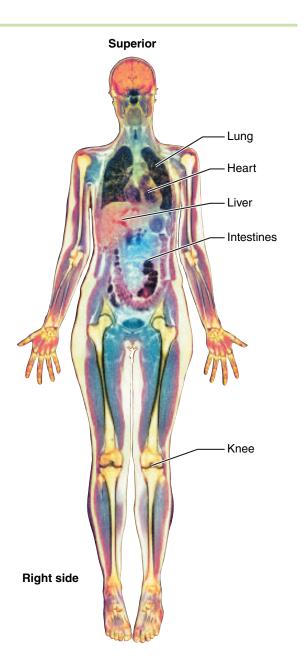
| Term                        | Definition/Example   |
|-----------------------------|--|
| Superior 頂端<br>(cranial)    | Toward the head end or upper part of a structure or the body; above                                |
|                             | The head is superior to the abdomen.   |
| Inferior<br>(caudal) 尾端     | Away from the head end or toward the lower part of a structure or the body; below                  |
|                             | The intestines are inferior to the liver.  |
| Medial 内側                   | Toward or at the midline of the body; on the inner side of   |
|                             | The heart is medial to the lungs.  |
| Lateral 外側                  | Away from the midline of the body; on the outer side of  |
|                             | The thumb is lateral to the pinky.   |
| Proximal 近端                 | Closer to the origin of the body part or<br>the point of attachment of a limb to the<br>body trunk |
|                             | The elbow is proximal to the wrist.  |
| Distal 遠端                   | Farther from the origin of a body part or the point of attachment of a limb to the body trunk      |
|                             | The knee is distal to the thigh.   |
| Ipsilateral <mark>司側</mark> | On the same side  The right hand and right foot are ipsilateral.                                   |
| Contralateral 對側            | On opposite sides  The right hand and left foot are contralateral.                                 |

Toward or at the front of the body;

in front of

Anterior

(ventral)\*



Anterior 前側,腹側 Toward or at the front of the body; (ventral)\*

The sternum is anterior to the heart.

Posterior 後側,背側 Toward or at the back of the body; (dorsal)\* behind

The vertebra is posterior to the heart.

Superficial 淺層 (external)

深層

Toward or at the body surface

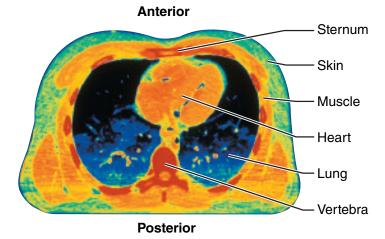
The skin is superficial to the skeletal muscles.

Deep (internal)

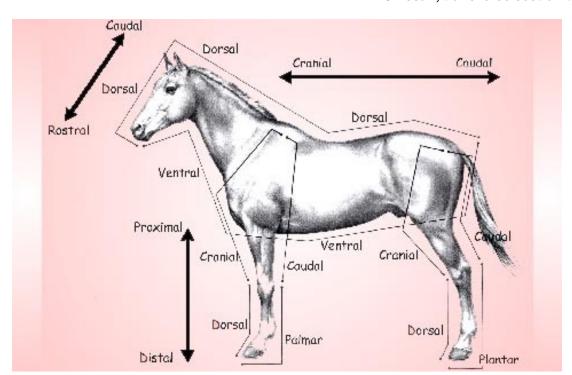
Away from the body surface; more internal

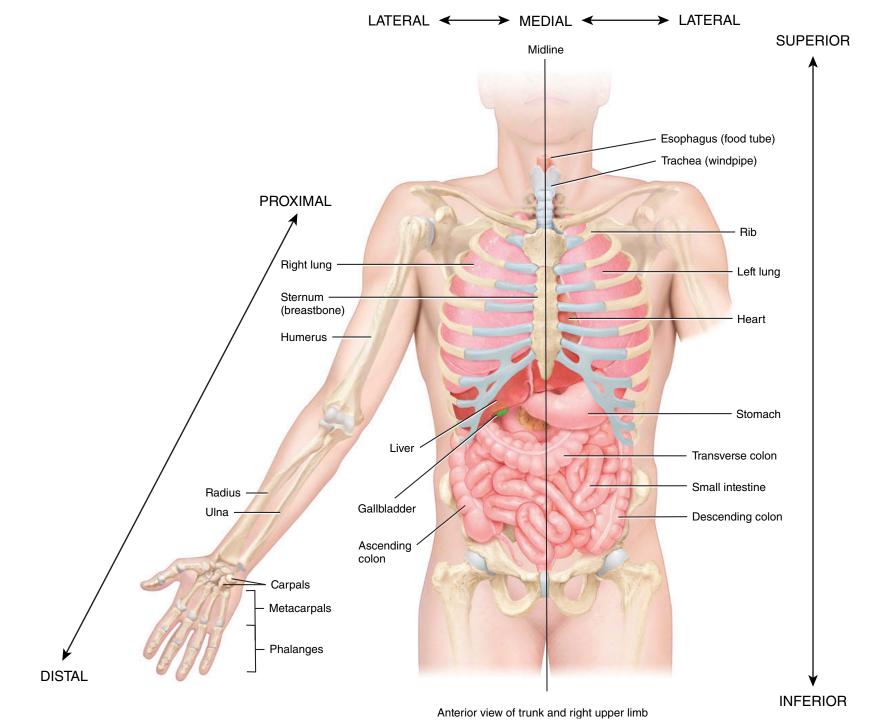
The lungs are deep to the skin.

#### Whole body MRI, frontal section, anterior view



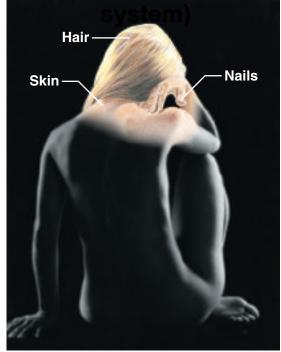
CT scan, transverse section through thorax





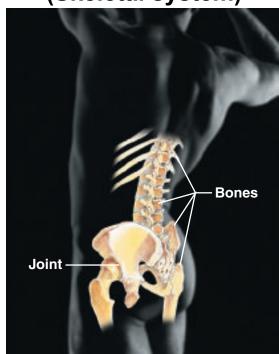
#### 身體的器官系統

#### 表皮系統 (Integumentary



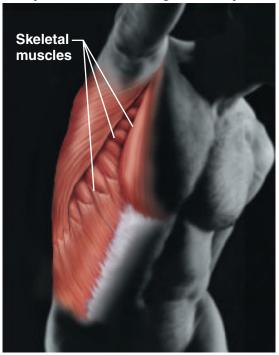
- Forms external body covering
- Protects deeper tissues from injury
- Synthesize vitamin D
- Cutaneous receptors (pain, pressure, etc.) and sweat and oil glands

骨骼系統 (Skeletal system)



- Protects and supports body organs
- Provides a framework for muscles
- Blood cells formed within bones
- Stores minerals

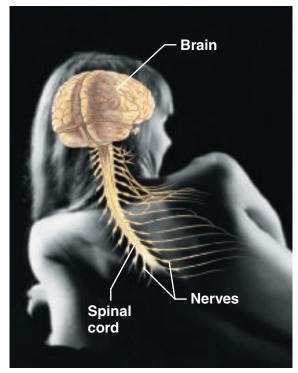
肌肉系統 (Muscular system)



- Allows manipulation of environment
- Locomotion
- Facial expression
- Maintains posture
- Produces heat

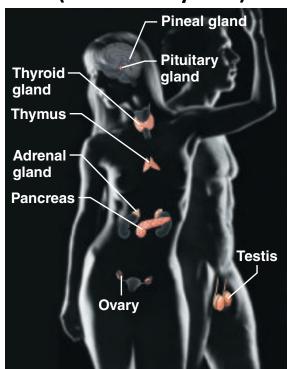
# 身體的器官系統

#### 神經系統 (Nervous system)



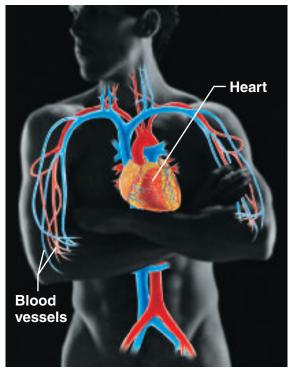
- Fast-acting control system
- Responds to internal and external changes

#### 内分泌系統 (Endocrine system)



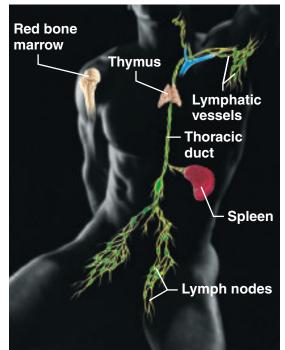
- Glands secrete hormones that regulate:
  - -Growth
  - -Reproduction
  - -Nutrient use

心血管系統 (Cardiovascular system)



- Blood vessels transport blood which carries oxygen, carbon dioxide, nutrients and wastes
- Heart pumps blood through blood vessels

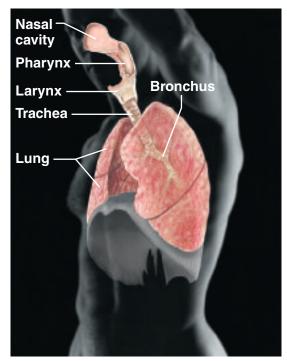
#### 淋巴/免疫系統 (Lymphatic system/Immunity)



- Picks up fluid leaked from blood vessels
- Disposes of debris in the lymphatic system
- Houses white blood cells (lymphocytes)
- Mounts attack against foreign substances in

#### 身體的器官系統

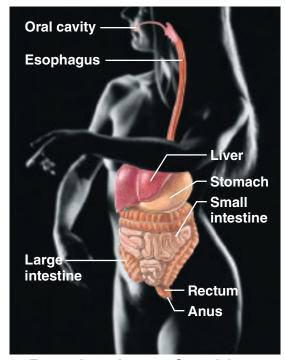
呼吸系統 (Respiratory system)



- Keeps blood supplied with oxygen
- Removes carbon dioxide
- Gas exchange occurs through walls of air sacs in the lungs

bod

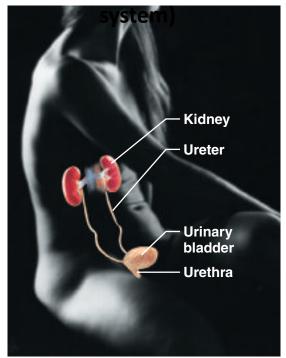
消化系統 (Digestive system)



- Breaks down food into absorbable units
- Indigestible foodstuffs eliminated as feces

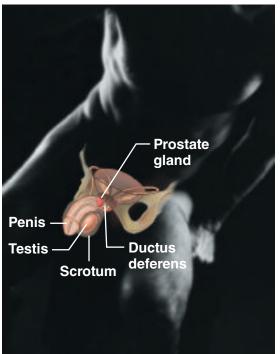
#### 身體的器官系統

泌尿系統 (Urinary

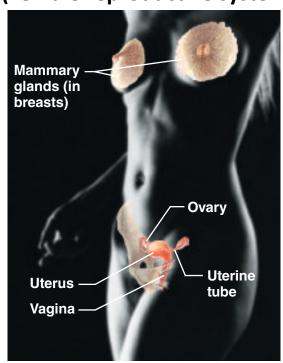


- Eliminates nitrogenous wastes
- Regulates water, electrolyte, and acid-base balance

男性生殖系統 (Male reproductive system)



女性生殖系統 (Female reproductive system)



- Overall function is to produce offspring
- Testes produce sperm and male sex hormones
- Ovaries produce eggs and female sex hormones
- Mammary glands produce milk

#### **Body Planes and Sections**

- □ Sagittal plane (矢狀切面)
  - Divide body into left and right parts
  - Sagittal plane that lies exactly in the midline is the median plane (midsagittal plane)
  - Parasagittal plane
- □ Frontal plane (coronal plane) (冠狀切面)
  - Divides body into anterior and posterior parts
- Transverse (horizontal) plane (cross section) (横切面)
  - Divide the body into the body into superior and inferior parts



(a) Median (midsagittal) plane



(b) Frontal (coronal) plane



## 骨骼系統

□ 組成: 硬骨 (bones)

軟骨 (cartilages)

關節 (joints)

韌帶 (ligaments)

□ 全身由206塊骨頭組成, 可分為:

★中軸骨 (Axial skeleton) (80 bones)

→顱骨 (skull), 脊柱

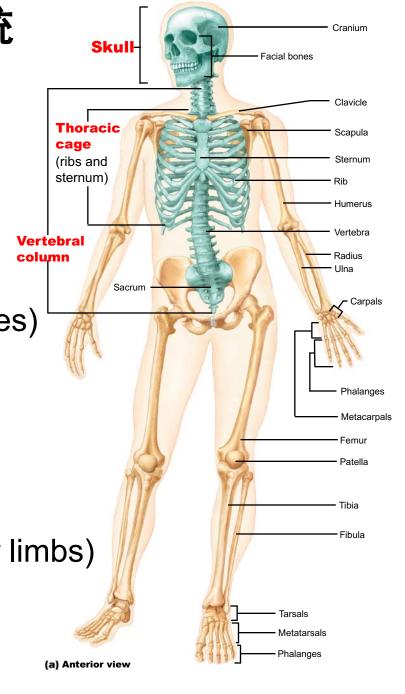
(vertebral column),

和胸廓 (thoracic cage)

★附肢骨 (Appendicular skeleton )

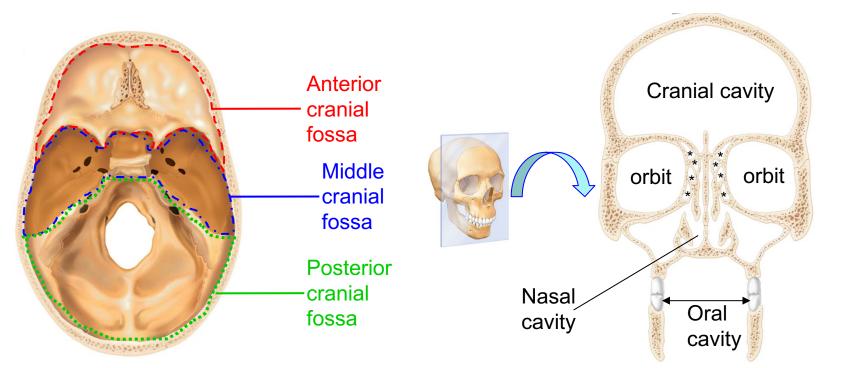
(126 bones)

→ 上肢和下肢 (Upper and lower limbs)



# 頭骨 (Skull)

- 頭骨分成拱狀<u>圓頂 (vault)</u>和底部 (base)
- □ 前方是顏面骨 (facial bone)
- □ 內部可分成前顱窩 (anterior fossa), 中顱窩 (middle fossa), 後顱窩 (posterior fossa)→腦部 (brain)位於此處
- □ 顱骨中含有小腔室, 包含中耳和內耳 (middle and inner ear cavities), 鼻腔 (nasal cavity), 眼眶 (orbits), 充滿空氣的鼻竇 (air-filled sinuses)(\*)
- □ 顱骨有大約85個孔洞,提供脊髓,血管和腦神經通過



# 頭蓋骨 (Cranial bones)

□ 由八塊骨頭組成:

-成對→顳骨 (temporal bones)

頂骨 (parietal bones)

-不成對→額骨 (frontal bone)

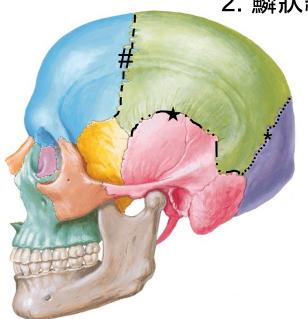
枕骨 (occipital bone)

蝶骨 (sphenoid bone)

篩骨 (ethmoid bone)

□ 顱骨上四條接縫: 1. 冠狀縫 (coronal suture)(#) (頂骨-額骨)

2. 鱗狀縫 (squamous suture)(★) (頂骨-顳骨)

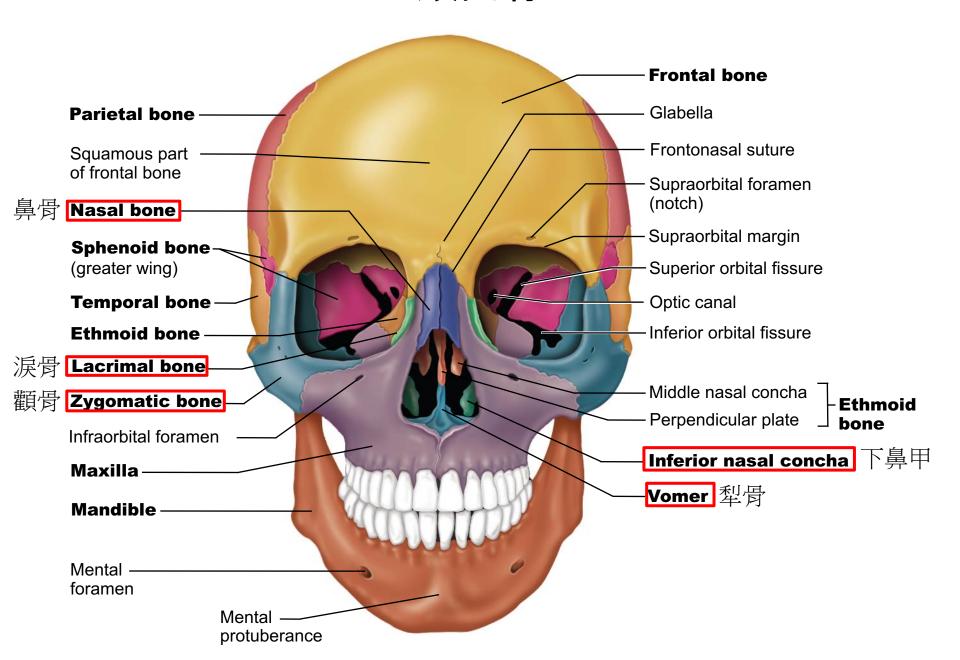


3. 矢狀縫 (sagittal suture)(▲) (左右頂骨之間)

4. 人字縫 (lambdoid)(\*)

(頂骨-枕骨)

## 顏面骨



## 脊柱 (vertebral column)

□ 成人的脊柱由26塊骨頭所組成 頸椎 (cervical vertebrae) (7)

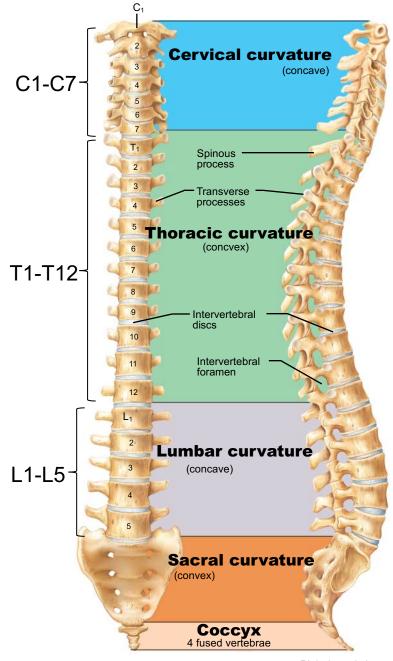
胸椎 (thoracic vertebrae) (12)

腰椎 (lumbar vertebrae) (5)

薦椎 (sacrum) (1)

尾椎 (coccyx) (1)

- □ 脊柱的功能:
  - 將身體的重量由中軸轉移給下肢
  - 圍繞並保護脊髓
  - 提供頸部和背部肌肉附著的地方

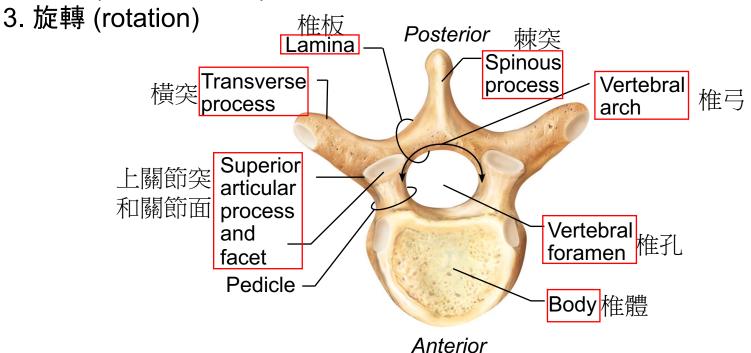


Anterior view

Right lateral view

## 脊椎骨的一般構造

- □ 不同位置的脊椎骨會有型態上的差異, 但典型的脊椎骨會有以下的結構:
  - → 椎體 (body), 椎弓 (vertebral arch), 椎板 (lamina), 椎孔 (vertebral foramen), 棘突 (spinous process), 横突 (transverse process), 上/下關節突 (superior and inferior articular process), 椎間孔 (intervertebral foramina)
- □ 脊柱的運動型式:
  - 1. 屈曲 (flexion)和伸展 (extension)
  - 2. 側曲 (lateral flexion)



## 固定脊椎骨的主要韌帶

#### 主要支持韌帶:

- 1. 前縱韌帶 (Anterior longitudinal ligament)→
  - 連結脊椎前方以及椎間盤
  - 防止過度伸展
- 2. 後縱韌帶 (Posterior longitudinal ligament)→
  - 狹窄且相對較弱
  - 連結椎體後方和椎間盤
  - 防止過度屈曲
- 3. 黃韌帶 (Ligamentum flavum)

- 連接椎板

Supraspinous ligament

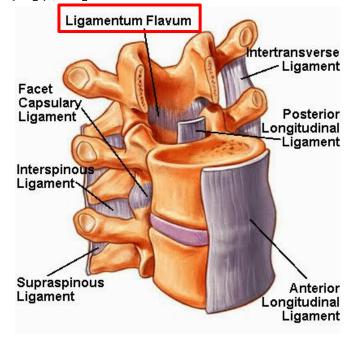
Transverse process

Sectioned —— spinous process

#### 黃韌帶 Ligamentum flavum

Interspinous ligament

Inferior articular process



Intervertebral disc

Anterior longitudinal ligament

前縱韌帶

Intervertebral foramen

Posterior longitudinal ligament

後縱韌帶

Sectioned body of vertebra

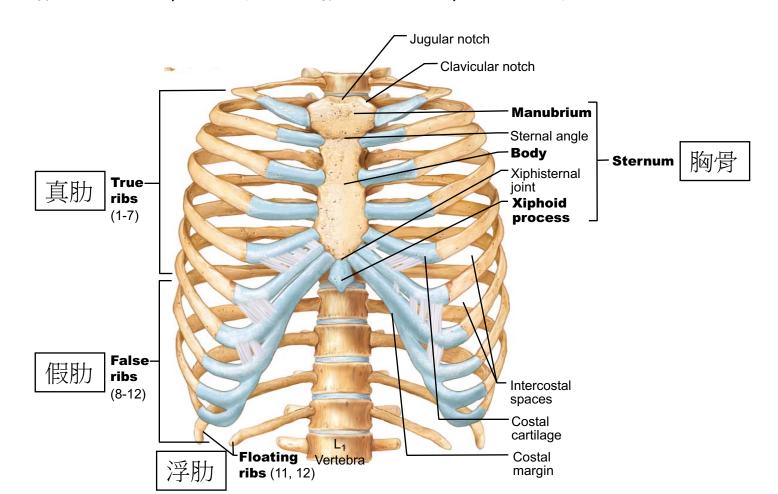
## 胸廓 (thoracic cage)

□ 組成:後方→胸椎

側邊→肋骨

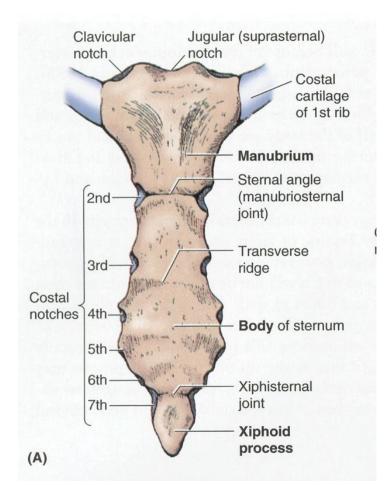
前方→胸骨和肋軟骨

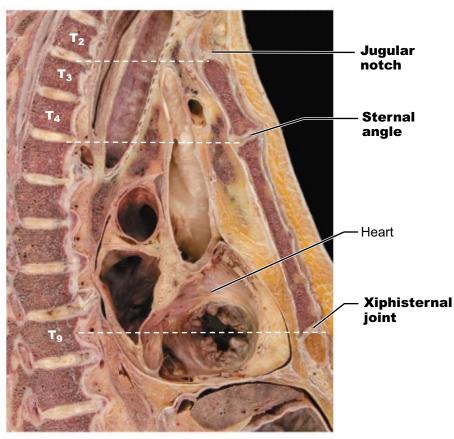
□ 功能: 保護胸腔器官, 支持肩膀的構造和上肢, 提供背部肌肉的附著處



## 胸骨 (sternum)

- □ 由三個部分組成:
  - -<u>胸骨柄 (manubrium)</u>→跟鎖骨形成關節
  - -<u>胸骨體 (body)</u>→會跟肋骨形成關節
  - -<u>劍突 (xiphoid process)</u>→四十歲左右會骨化



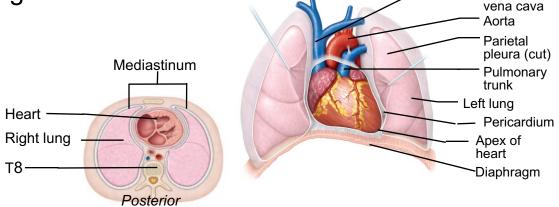


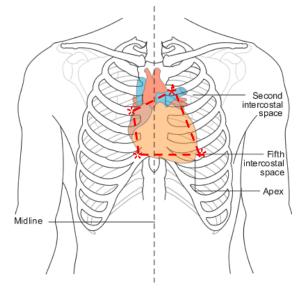
# 循環系統 (Cardiovascular system)

(心血管循環系統) Lymphatic, one-way, Cardiovascular system system (淋巴循環系統) Pulmonary circuit 4-(淋巴導管) Collecting (肺循環) duct Subclavian vein (鎖骨下靜脈) 3. (淋巴幹) lymphatic Superior vena cava trunks (上腔大靜脈) Lymph node (淋巴結) Blood flow 2. Collecting vessels (淋巴收集管) Systemic circuit Lymphatic (體循環) capillaries 21-14 (微淋巴管)

# 心臟在胸腔的位置

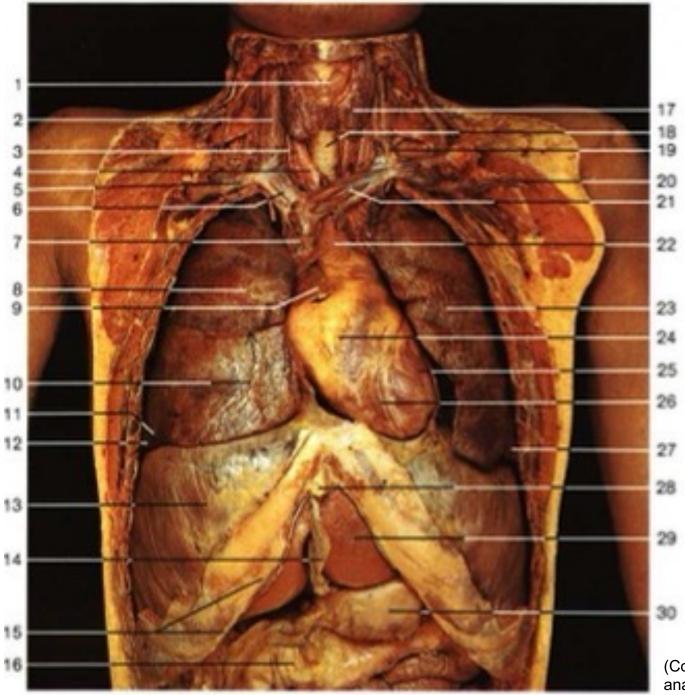
- □ 位於肺臟之間
- **□** 健康的心臟重量約為250-350 g
- □ 心尖在左側中線
- □ 心臟的底部是寬闊的後表面
- □ 心臟的四個角落:
  - 1. <u>右上角</u>→ 第三肋軟骨和胸骨之間
  - 1. <u>右下角</u>→
     第六肋軟骨, 胸骨右側
  - 3. <u>左上角</u>→ 第二肋軟骨, 胸骨左側
  - 4. <u>左下角</u>→ 第五肋間和鎖骨中線交會處







Superior

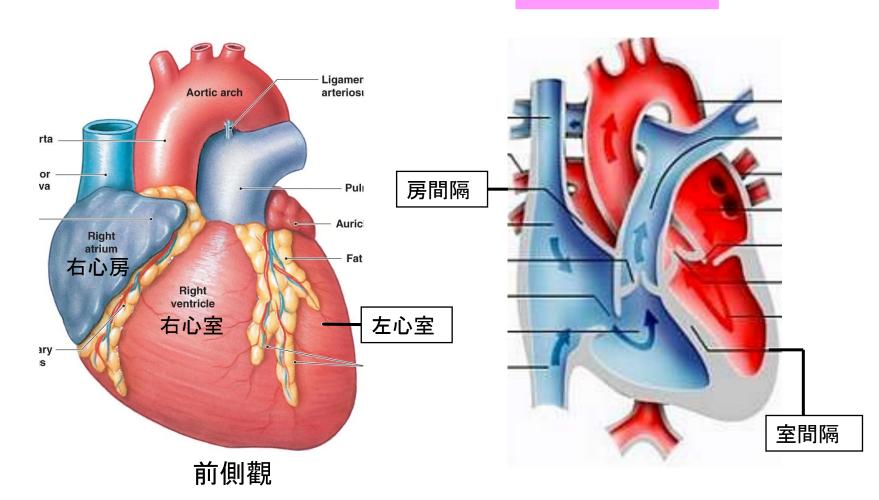


(Color atlas of anatomy, Rohen)

## 心臟的腔室

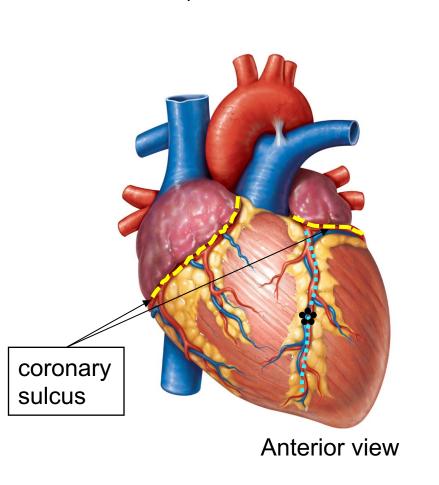
- □ 上方腔室 –左右心房
- □ 下方腔室 –左右心室

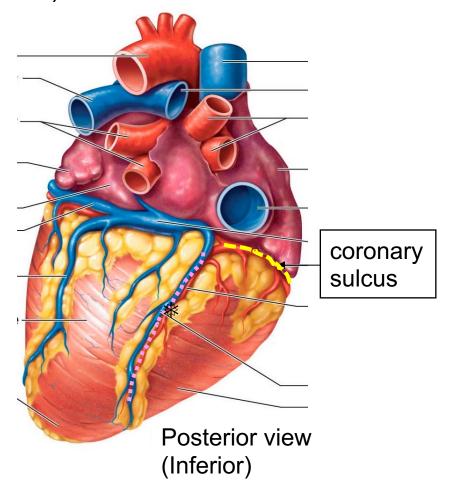
- □ 內部的分隔
  - -室間隔
  - -房間隔



#### 心臟的外部構造

- ☞冠狀溝 (Coronary sulcus)- 圍繞在心房心室之間, 往水平方向延伸
- ✿ 前室間溝 (Anterior interventricular sulcus) –室間隔的前方
- \*後室間溝 (Anterior interventricular sulcus) -下方的心室之間的分隔





## 藍鯨的心臟 (The heart of a blue whale)

- □ 世界上最大的心臟
- □ 180公斤
- □ Dimensions: 5 ft X 4 ft X 4 ft
- □ 每跳一下可以輸出220 公升的血液



# 肺循環和體循環

- □ 心臟是由肌肉構成的pump,包含了兩個部分:
- 1. <u>肺循環</u> 右心房接收來自身體的缺氧血,而 右心室將缺氧血送至肺臟
- 2. <u>體循環</u> 左心房接收來自肺臟的充氧血,並 且由左心室打至全身
- □ 心房:接收來自肺臟和身體的血液
- □ 心室: 心臟的幫浦, 將血液打到肺

臟跟全身

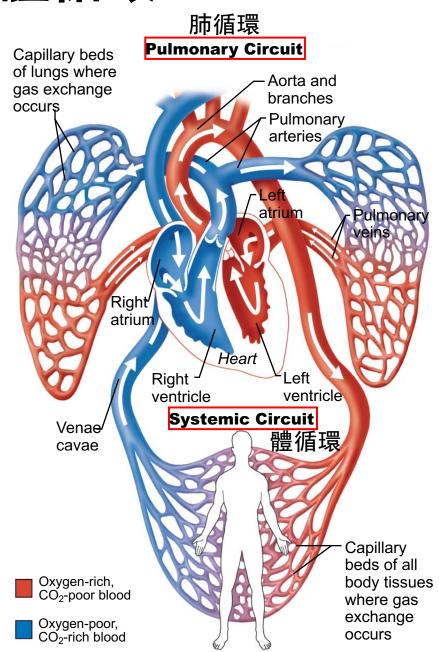
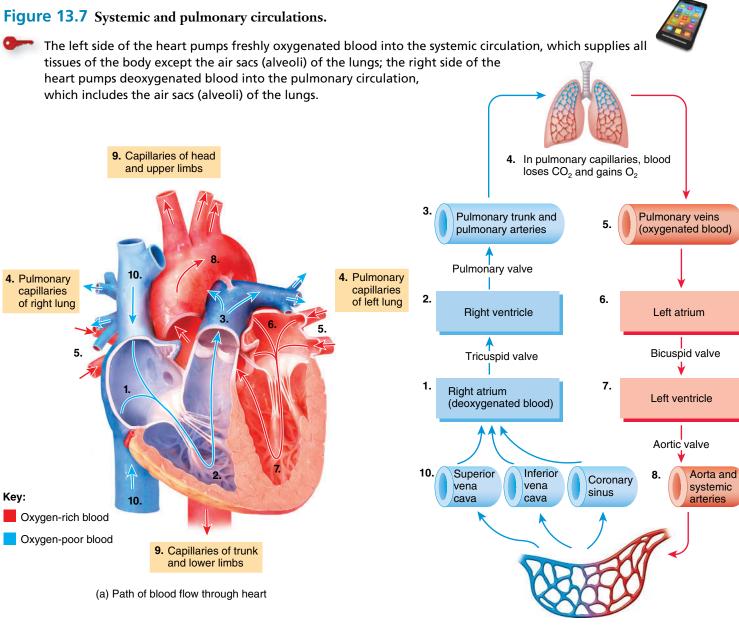


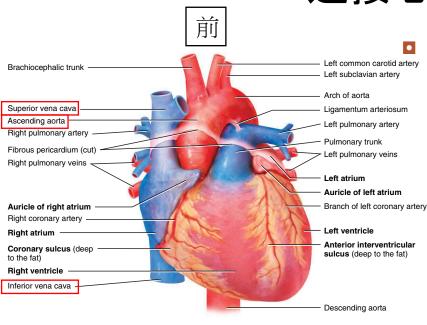
Figure 13.7 Systemic and pulmonary circulations.



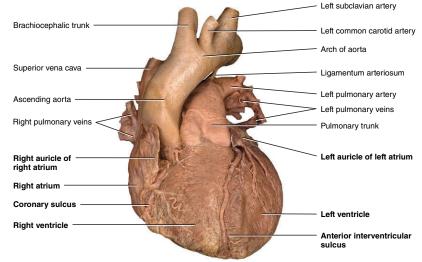
loses O<sub>2</sub> and gains CO<sub>2</sub> (b) Path of blood flow through systemic and pulmonary circulation

9. In systemic capillaries, blood

## 連接心臟的血管

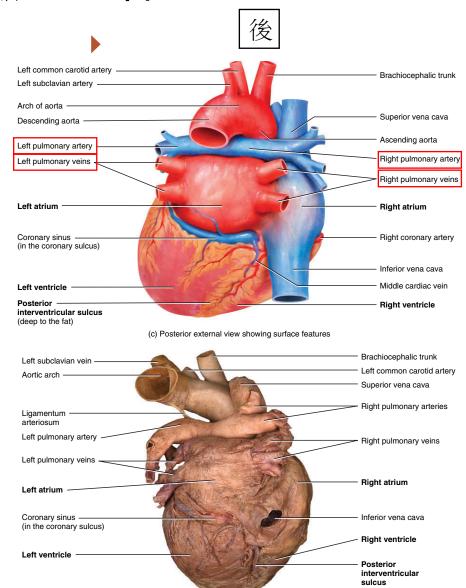


(a) Anterior external view showing surface features



Dissection Shawn Miller, Photograph Mark Nielsen





Dissection Shawn Miller, Photograph Mark Nielsen

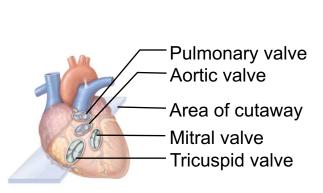
(d) Posterior external view

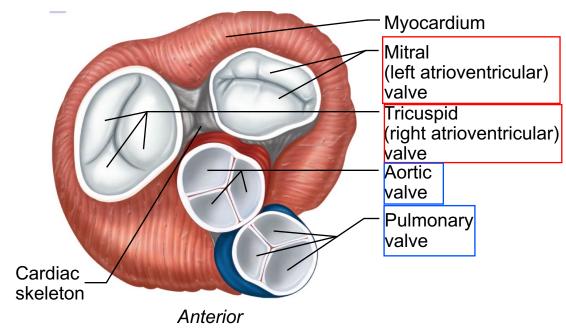
## 心臟瓣膜 (Heart valves)

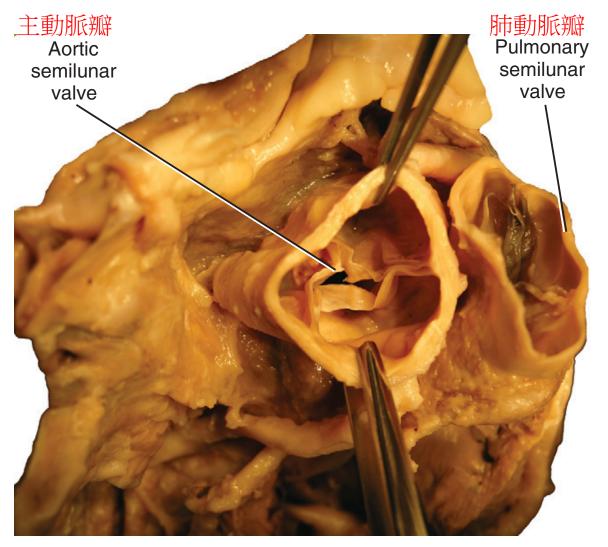
□ Atrioventricular (AV) valves: valves between atria and ventricles
(房室瓣) Right AV valve=tricuspid valve
Left AV valve=bicuspid(mitral) valve

 □ Aortic and pulmonary valves: at junction of ventricles and great arteries (3 semilunar valves)

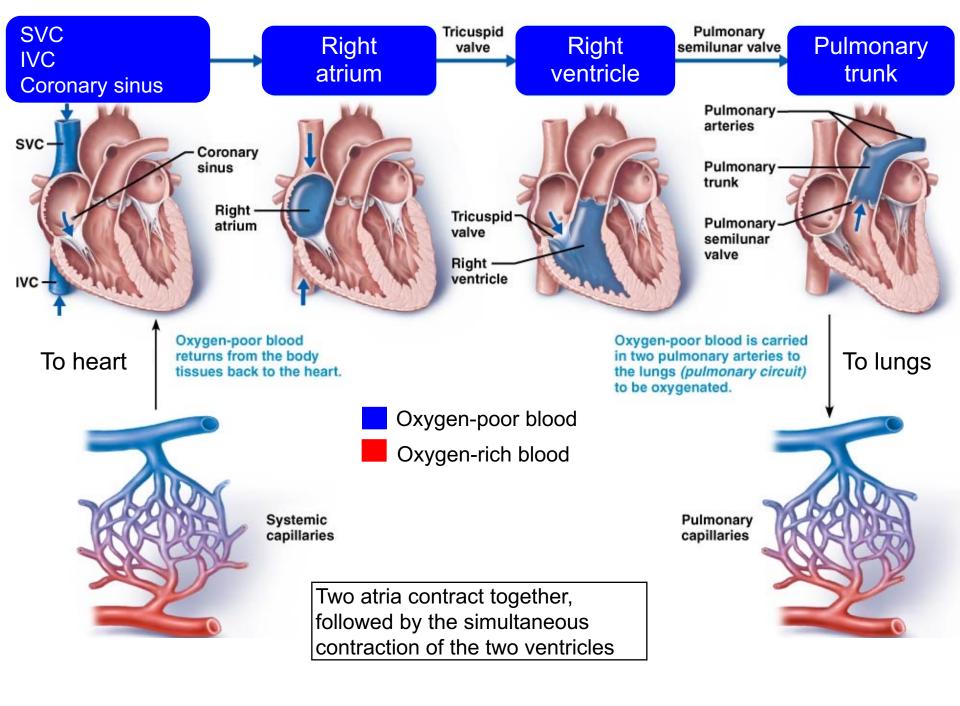
主動脈瓣和肺動脈瓣

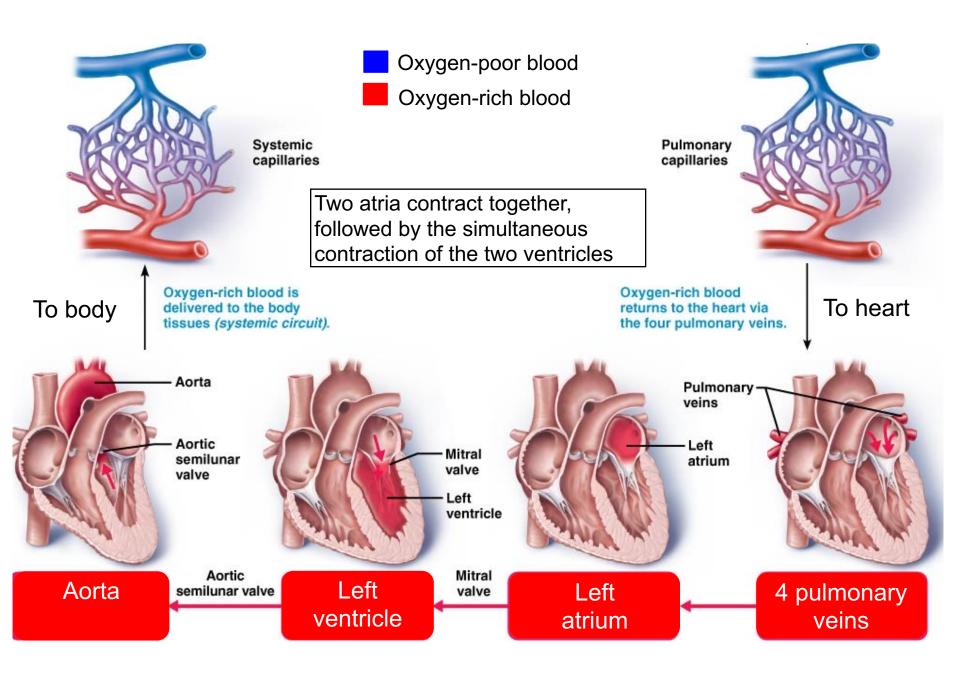






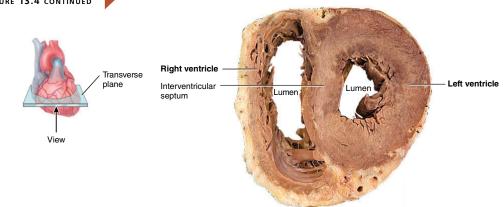
**FIGURE 6-38.** Aorta and pulmonary vessels transected superior to base of heart revealing their valves, respectively.





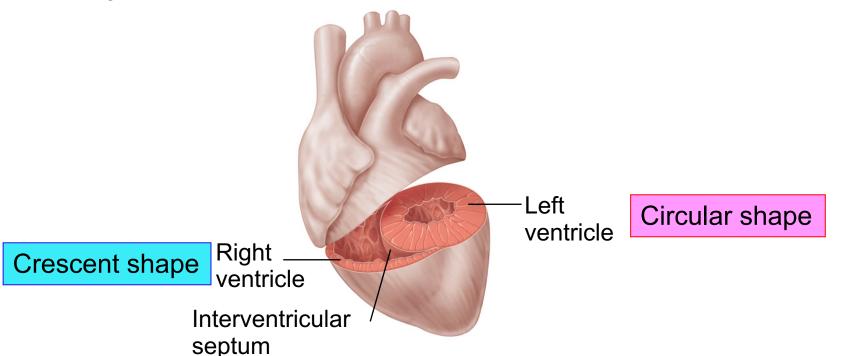
## The walls of the heart

- The walls of the heart differs in thickness:
  - -Atria→thin walls
  - -Ventricles →thick walls



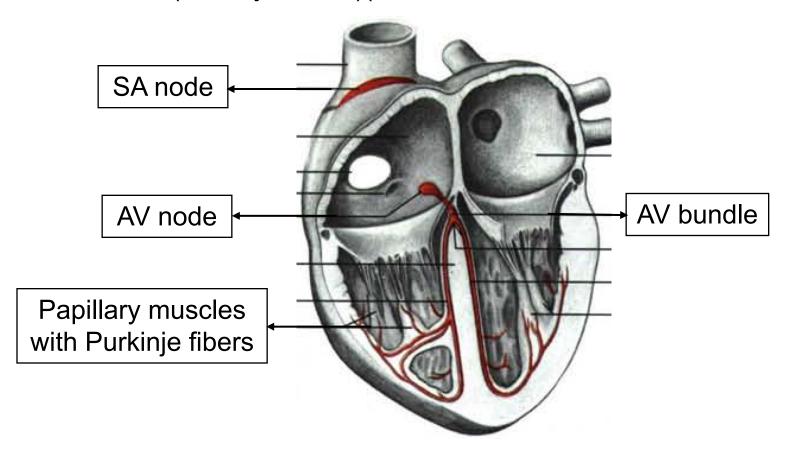
ANTERIOR

- Left ventricle
  - -three times thicker than right ventricle
  - -systemic circuit is longer than pulmonary circuit
  - -flatten right ventricle into a crescent shape



# 心臟的傳導系統 (Conducting

- ☐ From SA node (sinoatrial nosy Stem):
  - -internodal pathway to the atrioventricular (AV) node (房室結)
  - -AV node→AV bundle (bundle of His) (房室束,希氏束)
  - -divide in to right and left bundle branches
  - -bundle branch terminate in the subendocardial conducting network (Purkinjie fibers)(浦金氏纖維)

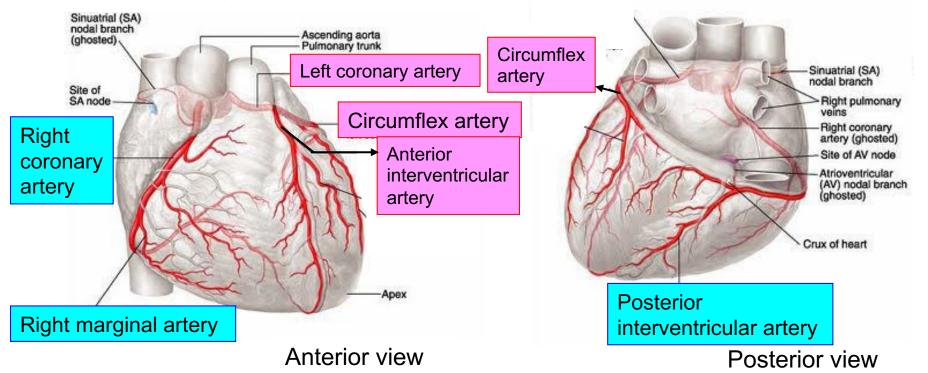


# 心臟的血管-動脈

- □ Left coronary artery (LCA)(左冠狀動脈) (from the base of aorta):
  - 1. Anterior interventricular a.(前室間動脈)(left anterior descending a., LAD)
    - →interventricular septum anterior walls of both ventricles
  - 2. <u>Circumflex artery (迴旋動脈)</u> →left atrium

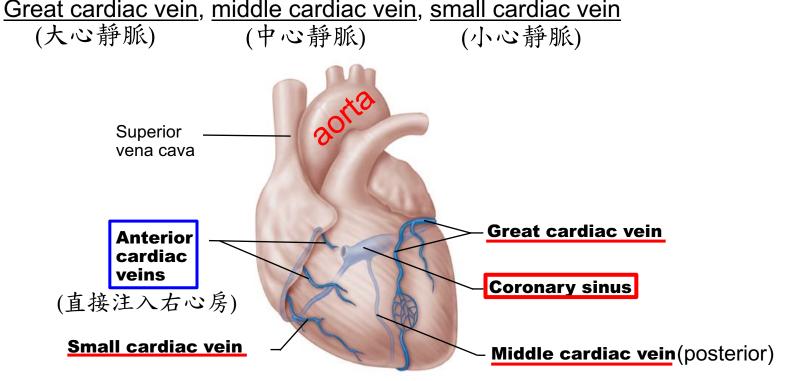
posterior part of the left ventricle

- □ Right coronary artery (RCA)(右冠狀動脈)(from the right side of aorta):
  - 1. Marginal artery (邊緣動脈)
  - 2. posterior interventricular artery (後室間動脈) (post. Descending a., PDA)
  - 3. Supply the right atrium and much of the right ventricle

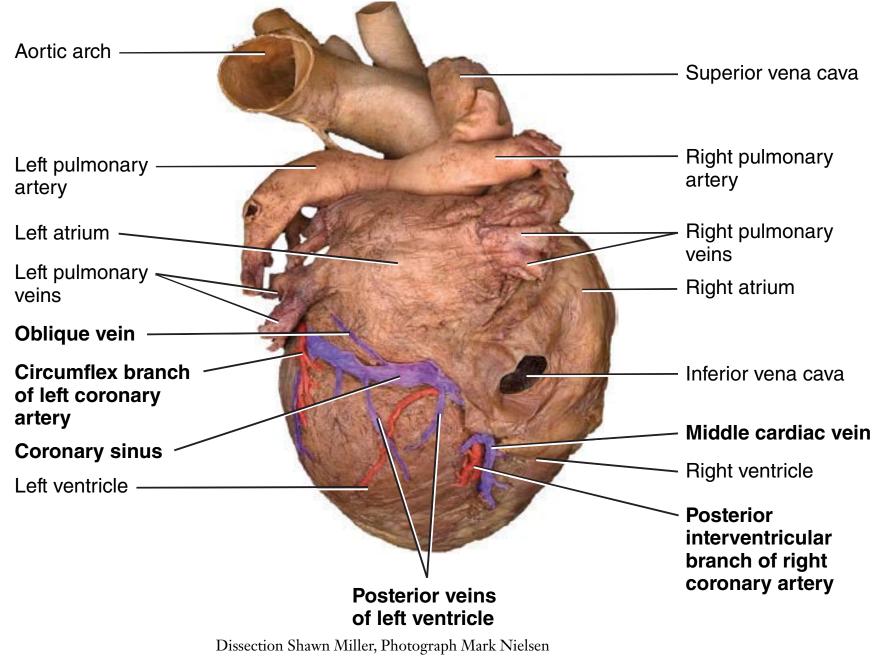


### 心臟的血管-靜脈

- ☐ Carry deoxygenated blood from the heart wall to the right atrium
- Occupy sulci on the heart's surface
- □ Coronary sinus (冠狀竇)
  - -runs in the posterior part of the coronary sulcus(冠狀溝)
  - -returns majority of venous blood from the heart to the right atrium
- Three tributaries of coronary sinus:

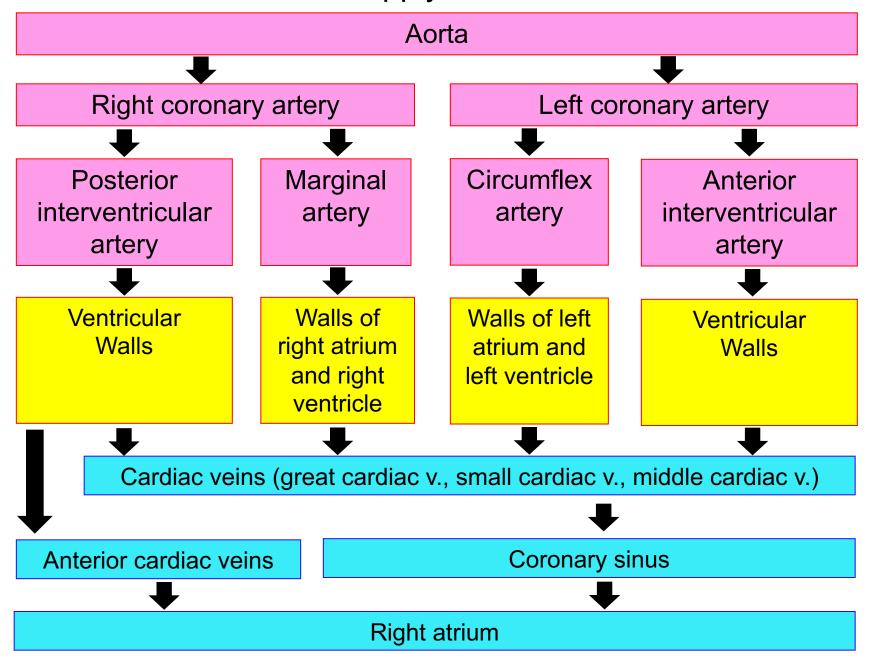


The major cardiac veins



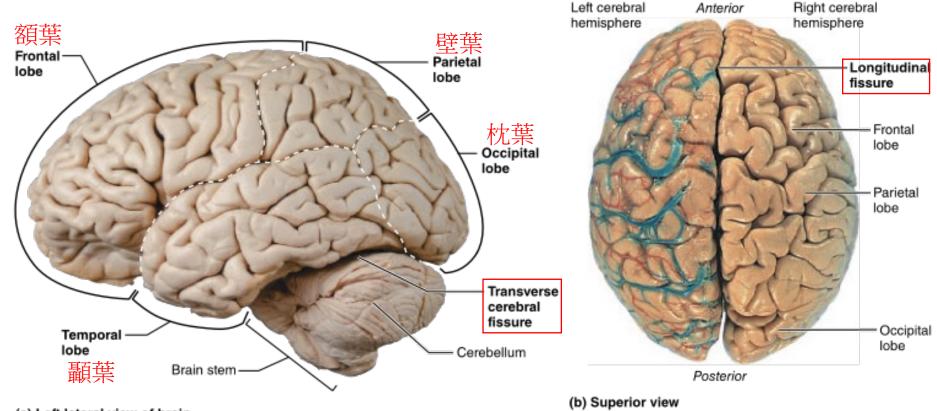
(d) Posterior view

## Blood supply to the heart



# Cerebrum (大腦)

- ☐ Made up two cerebral hemispheres that account for 83 % of total brain mass
- □ Fissures (裂)
  - <u>Transverse cerebral fissures (大腦橫裂):</u> separate cerebral hemispheres from the cerebellum
  - <u>Longitudinal fissure (縱裂):</u> separates the right and left cerebral hemispheres
- □ Cerebral cortex (大腦皮質)(gray matter, 灰質)- cerebral white matter (大腦白質)-deep gray matter of cerebrum (大腦深層灰質) (from superficial to deep)



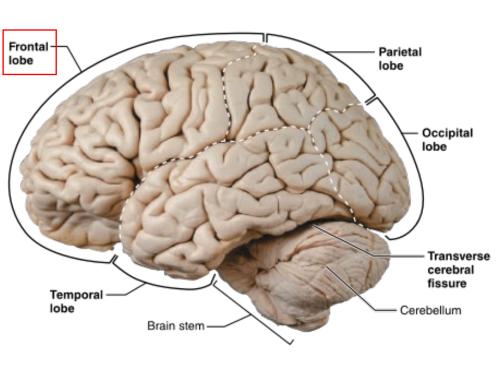
# Lobes of the Cerebral Cortex (大腦皮質的腦葉)

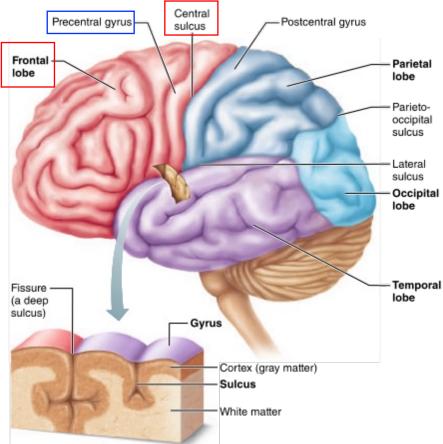
- □ Sulci (溝): shallow grooves on the surface of the cerebral hemispheres
- □ Gyrus (迴): ridges of brain tissue between the sulci
- ☐ Five major lobes divided by deeper sulci:

#### <u>1. Frontal lobe (額葉)</u>

- 位於額骨深處往後延伸至中央溝(central sulcus),中央溝將額葉和頂葉隔開
- 含有初級運動皮質(primary motor cortex)的中央前回(precentral gyrus)
- 計畫、啟動、及執行包括眼球運動及言語產生等運動動作的功能區

• 最前端的區域執行高階的認知功能





#### 2. Parietal lobe (頂葉)

- 位於頂骨深處,由中央溝向後延伸至頂枕溝(parieto-occipital sulcus)
- 外側溝(lateral sulcus)形成下方界線
- 中央後回(postcentral gyrus)含有初級體壁感覺皮質(primary somatosensory cortex)
- 有意識地察覺到一般體壁感覺;對物體、聲音、及身體部位的空間感覺;理解說話內容

#### 3. Occipital lobe (枕葉)

- 位於枕骨深處,形成大腦最後面的部分
- 含視覺皮質(visual cortex)

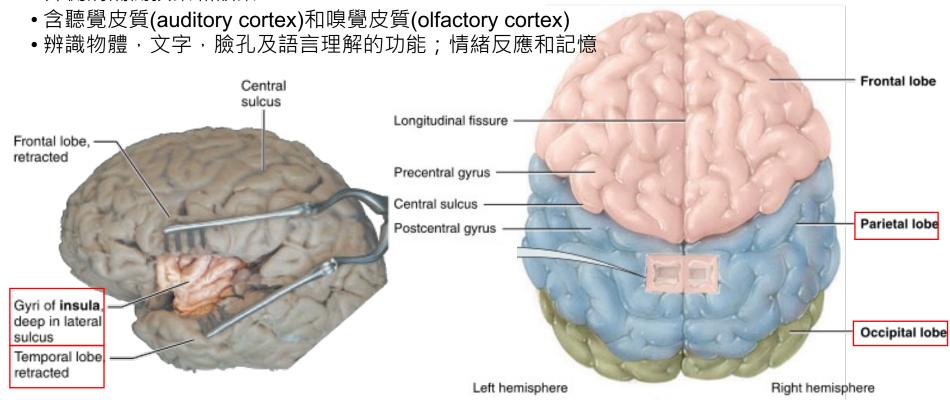
#### 4. Temporal lobe (顳葉)

- 位在大腦半球側面,顳骨的中顱窩 (middle cranial fossa)
- 外側溝隔開頂葉和額葉

#### 5. <u>Insula (腦島)</u>

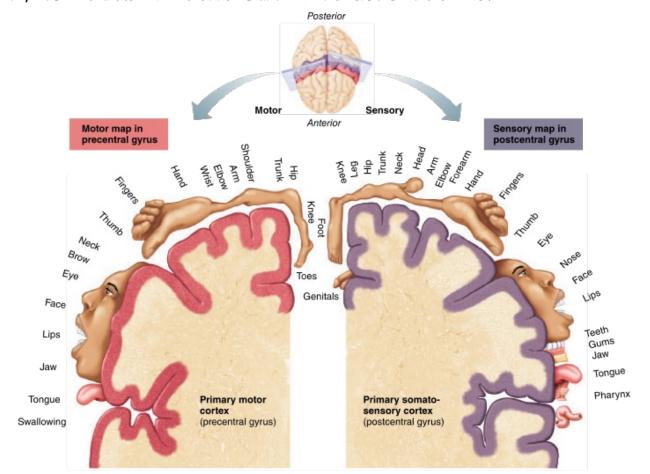
- 埋在外側溝的深處
- •被部分的顳葉,頂葉,額葉所覆蓋
- 味覺的內臟感覺皮質和一班體壁感覺

ANTERIOR



# Sensory areas (感覺區)

- 口 與意識到感覺有關大腦皮質區在部分的頂葉, 顳葉, 枕葉
  - 1. 體壁感覺區 (Somatosensory areas)
    - Somatosensory areas (初級體壁感覺皮質): 接收來自一般體壁感覺訊號
    - Sensory homunculus (感覺侏儒圖)
    - 感覺受器至感覺皮質的對側投射 (contralateral projection)
    - Somatosensory association cortex (體壁感覺聯絡皮質): 位在初級體壁感覺皮質的後面;將感覺輸入整合成對被感受事務的綜合理解



#### 2. 視覺區 (Visual areas)

• Primary visual cortex(初級視覺皮質): 位於枕葉的後部和內側部上,大部分包埋

Sensory areas and related

Somatic

sensation

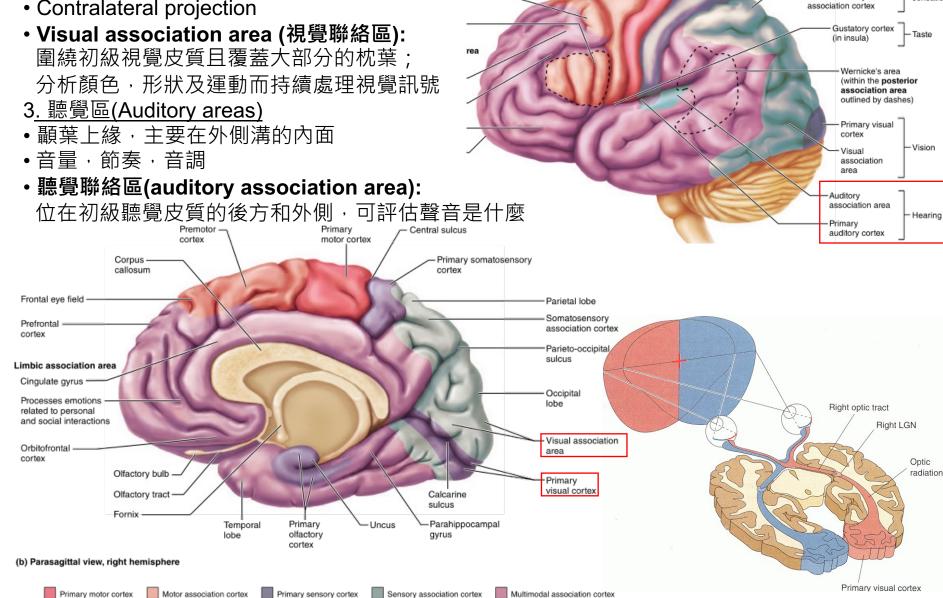
association areas Primary somatosensory

Somatosensory

cortex

深層的禽距溝(calcarine sulcus)上

- 所有皮質感覺區中最大的
- Contralateral projection



# Motor areas (運動區)

#### ■初級運動皮質 (primary motor cortex)

- 位在額葉的中央前回 (precentral gyrus), 在初級感覺皮質前方
- 錐狀細胞(pyramidal cells)
- <u>錐體徑(pyramidal tract):</u> 裡面的軸突在運動神經元形成突觸以引發精確的身體隨意運動
- 錐狀細胞軸突的投射為對側投射
- 運動侏儒圖(motor homunculus)

#### ■前運動皮質 (premotor cortex)

- 在中央前回的正前方
- 計畫並協調複雜的動作

#### ■額葉眼動區 (frontal eye field)

位在前運動皮質前方, 控制眼睛的隨意運動

#### ■布洛卡氏區(Broca's area)

- 位在左邊語言優勢的大腦半球前運動皮質的下部
- 控制說話所需的運動動作
- 右邊大腦半球相對應的位置稱為intuitive-emotional (直覺與情緒),賦予說話的情緒色彩
- 會聽不會講

